

Leading Shamanic Priestess Of Wealth and Wellbeing,
Alex Vitillo presents:



The Loved Up Goddess

INITIATION

**Release the fear, claim Love and happiness,
unleash your seductive power and meet your soulmate.**

THE LOVED UP GODDESS INITIATION is a sacred 90 day invitation to shift from self-doubt and fear, multiple meaningless dates to living your dream RELATIONSHIP with energy, fierce love, and unstoppable vision.

This life-changing program is for you if you're ready to
**OWN YOUR POWER, ACTIVATE YOUR HEART, and
ALTER THE COURSE OF YOUR LIFE.**

End the SELF-sabotage, confusion, and fear forever and discover how to connect to yourself and others with heart, sensuality, and feminine alignment. This process will allow you to heal yourself and your relationships from past wounds.

You'll receive weekly activations to dive deeper into your soul, discover your sacred work, and set your inner fire alight—at the speed of light.

As you rediscover and ignite your Femme Power, becoming your unapologetic self and unleashing the Goddess within, you'll attract and maintain soulful relationships into every area of your life.

Imagine what it would feel like to:

- 🌐 Listen to the whisper of your soul and align with your soul's purpose to create riches.
- 🌐 End repetitive patterns of self-sabotage forever. It's time to blow that crap away!
- 🌐 No longer live in fear of showing who you are while you breathe a deep sigh of relief as cash flows into your life consistently.
- 🌐 Move from feeling stagnant, unmotivated, and lost to alive and aware of your true self—a woman who is joyful, focused, and loved! This is your Unapologetic Femme Power. Oh YES!
- 🌐 Move from allowing bad relationships in your life to setting exquisite boundaries and attracting friends, partners, and colleagues who enrich your days!
- 🌐 Shift from feeling disconnected from yourself and spirit to raising your vibration sky high and connecting to your intuitive senses.
- 🌐 Build strong foundations and create the life you desire, leaving old beliefs behind forever.

**Break free from any illusion
that's sabotaging your ability to
rise to the next level, stand in
your highest potential, and
serve with your blazing wisdom
and truest voice!**



Why work with ME

You could say that I traverse the 'normal' and 'mystical' worlds. I come from a solid background in economics with a Master of Science in Banking and International Finance. I've lived the corporate high life with the stress and the pressure of high performance—and the money. I've also plummeted to the depths of despair and experienced anxiety when my husband passed away. I felt a complete loss of purpose and confusion about what to do next. I was untethered. Utterly lost. So I surrendered. After discovering meditation, awareness coaching, and energy healing, I unveiled a burning desire to birth something truly valuable to both myself and the world.

It wasn't easy. I faced my monsters, worked on myself, went to courses (mindfulness, theta healing, shamanism, business coaching—you name it), and replaced the books about economics and finances in my library with books on quantum physics, manifesting, and medical intuition.

I've embraced the mystical path, and I continue to invest in myself, choosing a life of empowerment and divinity every day. I stand for women and their powerful decision to ditch the shame and pain around earning wealth from their gifts and living their sacred path and purpose. I stand for women being financially and emotionally independent. I stand for women feeling centred and grounded in their power.

I've made it my mission to help women feel deeply seen, safe, secure, and supported in sharing their unique magic with the world without fear of being burned at the stake while they create riches unapologetically.

CLIENT CASE STUDIES:



"I contacted Alex because my fear of public speaking was overwhelming. I'd already tried loads of other modalities including EFT, hypnosis, and Emotional Code, but I'd only experienced small improvement. I have to thank Alex for a beautiful session that uncovered significant limitations. She is a truly amazing lady, very special, kind, and extremely intuitive. She got to the root belief within minutes. I felt very relaxed during the session. Her healing and advice were delivered with a beautiful mix of divine understanding, compassion, and unconditional love. She went above and beyond with her reading and intuitive information. I was really impressed, and I highly recommend Alex if you want to rise."

- **Gabriela A. London**

"Alex did a Theta healing session with my mum after my mum had been diagnosed with a serious illness. My mum was amazed at how 'spot on' Alex was in understanding who she is as a person. Alex picked up on things that had happened many years earlier in mum's life despite not knowing anything about her before the session. My mum felt really uplifted after the session and looks forward to her weekly sessions with Alex to help her heal and return to full health. I'm so excited for my mum to continue receiving healing from Alex as she helps mum to release what doesn't serve her and to evolve as an amazing woman throughout this journey."

- **Elizabeth C. Jersey**

"Thank you for my amazing healing today, Alex. As you were just saying, there is no space that cannot be touched and healed, whether we're face to face or at a distance. You're so gifted, and it was such an amazing healing. I still can't believe all the stuff you touched on and that resonated with me at all levels. I'm still buzzing from the whole session. Thank you. All my love and gratitude."

- **Mel, Scotland**



"I met Alex via Instagram and from our initial contact I could sense she was a warm and genuine person, someone I could work with and relate to. I arranged to see her for a healing session due to going through a divorce and needing guidance in my life to achieve my goals. Alex instantly put me at ease. She is super kind and warm, and made me feel really comfortable throughout the session. Alex didn't judge me for anything. She is a breath of fresh air. I felt supported and powerfully guided."

- Natalia F. London

"I worked with Alex during a very difficult time of my life. In our sessions, I felt supported, accepted, safe, and protected. Her healings are generous, yet incredibly powerful. She encourages me to accept my feelings and emotions and honour them rather than resist and fight them, and she taught me the importance of allowing myself time to heal. The shifts were deep, and I felt a sense of surrender and calm. I'm very grateful for her."

- Viola C. Italy

"I recently had a session with Alex. As it was my first session with a healer, I wasn't quite sure what to expect. I'm really glad that I did though. Alex is extremely professional and warm, and she immediately put me at ease. The experience was a mixture of relaxation and focus. Alex provides a safe and nourishing space to search, discover, and heal. She naturally leads you in the right direction, and her guidance and support are invaluable! I left the session confident, calm, and with a clear sense of purpose. I wholeheartedly recommend Alex!"

- Natalia Z. London

“When I first sat with Alex, I really didn't have any idea what to expect, though I certainly felt drawn to the session, or I wouldn't have scheduled one. I'm delighted to say that Alex is the real deal. When it was over, I could feel that I had been worked on, and the experience of more openness has stayed with me since. Her intuitive guidance is strong as well, and I don't always experience both an energetic gift and an intuitive gift in the same person. I recommend her without hesitation!”

- Dr. Michael Lennox, LA



“I had a session with Alex after my bike accident. Alex is so intuitive; she saw exactly what was going on for me. She set a strong protection for my auric field and also taught me how to do it for myself. Also we were able to heal the issue around my insecurities about my current situation in life. As a result, I was able to let go of my worries, and I feel much calmer now and live in the moment, enjoying my life! Alex is very inspiring. She combines intuitive healing with coaching which works together amazingly.”

- Marina Sigalova

More ABOUT MOI....



I have always been an explorer of both the inner and outer worlds. I grew up on the great continent of Africa as my dad was a diplomat. I loved its energy and what it taught me about being grounded. As a young adult, I went to one of the best universities in Italy, Bocconi University, and graduated with a degree in economics. The next phase of my life continued my journey through academia in London where I got my Master of Science in banking and international finance. My path then travelled deeper into the world of money and wealth as I started working for an investment bank and economic consultancy. My life took on a different essence when I left that gig to focus on being a mother for a few years! The joy! The tiredness! The fun! During my mummy-focused years, life decided to throw me a few curve balls, the biggest of which was the loss of my husband to cancer. It brought me to my knees... and it also brought me back to myself and my spiritual path. It was then that I vowed to completely overhaul my life. I decided to study the things my heart had been whispering to me for so long. I became certified as a LOVE matchmaker, awareness coach, Quantum Results coach, Theta Healer, astrologer, and shaman. My journey has emboldened me to live the life that sets me alight with passion.

**With my heart full, I now happily declare
that I am a romantic and an alchemist!**

Breathing Heart

www.breathingheart.co.uk

