

# Master Your Manifesting Skills: Unleash Your Potential



**Unlock the Power of Manifestation in 90 days - A Journey into Frequencies, Quantum Physics, and Spirituality.**

Are you a striving business owner wanting to close the year with a bang? Do you have experience with consciously manifesting to increase your business results or things in your personal life? Haven't you heard of manifesting before, or maybe you have, but manifesting has become a full-time job? Fear not, because the Mastering Manifesting Intensive is here to transform your life in just 9 days.

Imagine the power of manifesting your desires effortlessly, without the constant struggle and stress. What if you could attract abundance, success, and happiness with ease? The Mastering Manifesting Intensive is designed for individuals just like you who are ready to unlock the secrets of manifesting and take control of their destiny. This program will guide you through a transformative journey, helping you harness the incredible power of manifesting. Whether you're a business owner seeking to skyrocket your profits or simply looking to improve your personal life, this course is tailored to your needs.

Are you tired of chasing success with no end in sight? Do you want to break free from the daily grind and start living the life you've always dreamed of? The Mastering Manifesting Intensive will empower you with the tools and knowledge to manifest your desires, so you can finally experience the life you deserve.

**Don't miss this opportunity to transform your life! Join our 90-day course and unleash your manifesting potential.**

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Imagine the joy of manifesting your dreams into reality. Picture the relief of letting go of stress and anxiety, knowing that you have the ability to shape your destiny. Join us in this 90-day program and discover how manifesting can bring deep and rich transformations into your life. Don't miss out on this opportunity to take control of your future.

Embrace the power of manifesting and see your dreams materialize before your eyes. The Mastering Manifesting Intensive is the key to unlocking your full potential.

Act now and embark on a journey to a brighter, more fulfilling future.

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[www.breathingheart.co.uk](http://www.breathingheart.co.uk)



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## Session 1: "Frequency Alignment"

- Understand how frequencies influence your reality
- Learn techniques to tune into your desired vibrations
- Discover the science of resonance and attraction

2

## Session 2: "Quantum Manifestation"

- Explore the quantum world and its role in manifestation
- Uncover the power of intention and focus
- Harness quantum principles for deliberate creation

3

## Session 3: "Spiritual Connection"

- Connect with your inner self and higher consciousness
- Tap into the wisdom of spirituality for manifesting
- Develop a profound sense of purpose and alignment

4

## Session 4: "Mastering Your Manifesting Skills"

- Combine frequencies, quantum insights, and spirituality
- Craft your unique manifestation methods
- Achieve your goals with intention and belief

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5

Session 5: "Visualization and Affirmations Mastery"

- Understand the power of visualization and affirmations.
- Learn techniques for creating vivid visualizations.
- Craft empowering affirmations aligned with your goals.

6

Session 6: "Overcoming Manifestation Challenges"

- Identify and overcome common manifestation obstacles.
- Maintain a positive mindset and alignment with intentions.
- Build resilience and adaptability to navigate setbacks.

+

Bonus 1:

- Access to invite-only Telegramme community where you are supported daily for the duration of the programme

+

Bonus 2: "VIP Virtual Workshop"10x Your Income With The Word Of The Year (January 2024)

- A unique way to set intentions in a way that empowers you and your business without the temptation to 'give it all up' like many individuals do come February.

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## Why Alex Is Your Best Teacher

- **Expertise in Holistic Manifestation:** Alex Vitillo brings a wealth of knowledge and experience to this course. As a seasoned practitioner in the fields of frequencies, quantum physics, and spirituality, Alex has successfully integrated these disciplines into her own life. Her profound understanding of the interconnectedness of these areas and how they relate to conscious creation makes her an unparalleled guide for those seeking to master manifesting skills.
- **Proven Success Stories:** Alex has a track record of helping individuals achieve their goals and manifest their desires using the principles she teaches in this course. Countless success stories from her students demonstrate the practical effectiveness of her teachings. Whether it's attracting financial abundance, improving relationships, or finding purpose, Alex's guidance has been transformative for many.
- **Unique Approach:** What sets Alex apart is her unique approach to manifestation. She doesn't rely solely on one methodology but combines the power of frequencies, quantum insights, and spirituality to offer a comprehensive and holistic perspective. Participants can benefit from this multi-faceted approach, which equips them with a broader toolkit for manifesting their dreams.
- **Engaging Teaching Style:** Alex's teaching style is engaging and approachable. She breaks down complex concepts into digestible, practical lessons that participants can apply immediately. Her passion for these subjects shines through in her instruction, making the learning process enjoyable and inspiring.
- **Continuous Support:** Beyond the course, participants can access ongoing support from Alex. She is committed to helping students on their manifesting journeys even after the sessions end. This level of dedication and support is invaluable for those seeking long-term transformation.
- **Reputation and Credibility:** Alex Vitillo is widely recognized and respected within the manifestation and personal development community. Her credibility and reputation as an expert in the field make this course a trusted choice for individuals looking to enhance their manifestation skills. as enhance the overall value of the course.

**Limited Availability:** Due to the personalized nature of the course and to ensure the quality of instruction, Alex only accepts a limited number of participants. This exclusivity allows for more personalized attention and interaction, making this an opportunity participants won't want to miss.

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*Breathing Heart*  
THE ART OF LIVING

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## FAQ



:"I have never hear of manifesting and I don't do woo woo, is this for me?"

- Yes if you like to learn new things and you keep an open mind.



How often do we meet and how many sessions are there?

- There are six sessions in total we meet on zoom twice a month over a period of 90-day



When do we start (I cannot wait)

- November 15, 2023 (this may vary slightly)



Is there any prerequisite to this course?

- None, you will benefit from it whether it's your first time working with me or we have being together for a while ;)



I like freebies, is there any?

- Yes, your bonus VIP workshop in the new year '10x your income'
- Telegramme Group with your daily support and where you can ask questions
- Your workbook with prompts and recap for each session

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